growing food IN THE CITY

Gardening in Western Washington

ጃርዲን ኣብ ምዕራባዊ ዋሺ*ን*ግተን

Seattle's climate is cool and wet, with cool dry summers. So heat-loving crops from hotter climates, like tomatoes, corn and peppers, are harder to grow here. But our mild spring, fall, and winter weather allows us to grow cool-loving Asian greens, kale, collards, spinach, and onions year 'round.

Starting Your Garden

Learn in this guide how to:

Choose a place to garden

- You need at least 6 hours of sun without shade from trees or buildings. Make sure a water supply is close.
- Consider sharing garden space with neighbors, or join a P-Patch or other community garden.

Prepare your soil for planting

- Dig compost into the soil, or bury plant and food scraps.
- Mound up soil into raised beds.

Choose the right seeds to plant

- Grow what your family likes to eat, but choose vegetables that will grow well in our cool weather.
- Plant seeds at the depth and spacing on the seed packet.
- Plant when the soil is warm enough Select seeds that say "80 days" or less to harvest on the seed packet.
 - → See calendar on back.

Wait until May 15 to seed or transplant heat-loving plants.

Tomatoes, peppers and eggplant should be started in a greenhouse, then transplanted to beds in May.

Water and weed your garden

 Seedlings need water daily. Water mature plants 2-3 times a week if it hasn't rained.

Harvest, and prepare garden for winter

- Ask other gardeners when to harvest, or read seed packet.
- Cover beds before winter with mulch, or plant winter cover crops.











ከሊማ ሲያትል ዝሑልን ጥሎልን ኮይኑ፡ ከረምቲ ከአ ዝሑልን ንቒጽን ሊዩ። ስለዚ ዋዒ-ዝፌትዉ ኣዝርአቲ ካብ ዝወዓዩ ክሊማታት፡ ከም ኮሚደረ፣ ዕፉንን በርበረን፣ ኣብዚ ምብቋል ከቢድ ኢዩ። ግን ማእከላይ ዝኾነ ሓጋይ፡ ጽድያን ቀውዲን ኩነታት ኣየርና ዛሕሊ-ዝሬትዉ ናይ ኤስያ ኣሕምልቲ፣ ኬይል፣ ኮላርድ፣ ስፒናቺን፣ ሽፖርቲን ዓመት ሙሉእ ከነፍሪ ይሕግዘና።

*ጃርዲን*ኩም ምጅ*ጣር*

አብዚ *ማ*ምርሒ ከማይ *ጌ*ርኩም፡

ናይ ጀርዲን ቦታ ከም እትመርጹ ተመሃሩ

- ብዉሑዱ 6 ሰዓታት ናይ ጸሓይ ብርሃን ብዘይ ጽላል ካብ ኣግራብ ወይ ህንጻታት። ጣይ ኣብ ቀረባ ከምዘሎ ኣረ,ጋግጹ።
- ናይ ጃርዲን ቦታ ምስ ጎረባብቲ ብሓባር ከምትሰርሑሉ ኣብ ግምት የእትዉ ወይ ምስ ፒ-ፓች ተጸንበሩ ወይ ካልእ ጃርዲን ማሕበረ-ሰብ።

ሓመድኩም ንምዝራእ ከም እትኞርብዎ ተመሃሩ

- ነቲ ሓመድ ኣብ ብርኽ ዝበለ መደባት ኮሙሩዎ።

ምምራጽ እቲ ዝትከል ግቡእ ዘርኢ ተመሃሩ

- ስድራዥም ንኽበልዖ ዝፈትዎ ኣፍርዩ ግን ከኣ ኣብ ዝሑል ኩነታት ኣየርና ዝበቁል ኣሕምልቲ ምረጹ።
- እቲ ናይ ዘርኢ ፓኮ ብዘርእዮ ዕምቆትን ዝርገሐን ኣዝርእቲ ትኸሉ።
- እቲ ሓምድ ምዉኞ ምስ በለ ትሽሉ። "80 ምዓልታት" ወይ ትሕቲኡ ንምዕጻድ ዝብል ናይ ዘርኢ ፓኮ ምረጹ።
 - **→** ዓውደ-ኣዋርሕ ኣብ ድሕሪት ረኣዩ።

ንምዝራእ ወይ ንምስግ*ጋር ሙቒት-*ዝፈትዉ ኣትክልቲ ክሳብ **ግንቦት 15** ተጸበዩ።

ኮሚደረ፣ በርበረን፣ መሌንዛኒን ኣብ ሓምላይ ባዛ ክጅምሩ ኣለዎም ድሕሪኡ ኣብ ግንቦት ናብቶም ዓራውቲ ይሰጋነሩ።

ጃርዲንኩም ጣይ ኣተስትዩን *ጽ*ሃዩን

ፌልስታት መዓልታዊ ማይ ይደልዩ ኢዮም። እንተደኣ ማይ ዘይወቒው ዝዓበዩ ኣትክልቲ ንሰሙን 2-3 ጊዜ ኣብ ሰሙን ማይ ኣስትዩዎም።

ምዕጻድን ምቐራብ ጃርዲን ንሓጋይ

- ንኻልኦት ጃርዲን ዘለዎም *ሙ*ዓስ ከም ዝዕጻድ ሕተቱ ወይ ድማ እቲ ናይ ዘርኢ ፓኮ ኣንብቡ።
- እቲ መደባት ቅድሚ ቀውዒ ሸፍንዎ ወይ ድማ ሓጋይ መሸፈኒ ተኸሊታት ትኸሉ።



Questions? Garden Hotline (206) 633-0224 ሕቶታት? ጃርዲን ስሉጥ መስመር

Choose a Place to Garden

Where is there sun?

Most vegetables need at least six hours of direct sunlight a day to grow well. Watch where the sun shines on your yard, and pick the sunniest spots to garden. Trees or buildings can block the sun, especially in spring or fall. A southfacing wall will warm quickly in the spring, and be good for heat-loving plants like tomatoes and peppers in summer.

Where can you grow?

Turn sunny lawn areas into garden by removing and composting the sod. Or to kill the lawn by covering it with 12 inches (30 cm) of wet fall leaves in November. Cover the leaves with cardboard or black plastic. Wait until May to dig up the area and start planting.

Build raised beds. Mix soil with compost. Mound the soil up into a raised bed to help the soil warm in spring. Plan paths between beds so you never walk on your loose, compost-amended soil. You can add sides to your raised beds made from concrete blocks, broken concrete, wood or plastic lumber. Don't use chemically treated wood.

Try gardening in containers. You can use large pots or half-barrels to grow tomatoes, peppers, greens, even berries.

Grow vertically on a sunny wall or in a window. Climbing plants like beans, tomatoes and cucumbers will grow if you provide good soil and poles for support.

Share with a neighbor, or join a community garden! Seattle's P-Patch program can help you find a community garden near where you live. They are great places to grow food, learn, and meet other gardeners.











ንጃርዲን ቦታ ምረጹ

ጸሓይ አበይ አላ?

መብዛሕትኦም ኢሕምልቲ ጽቡኞ ንኸዓብዩ ብዉሑዱ ሹዱሽተ ሰዓታት ኣብ መዓልቲ ቀጥታዊ ናይ ጸሓይ ብርሃን የድልዮም። ኣብ ካንሸሎኹም ጸሓይ ኣበይ ከም እተብርህ ተዓዘቡ፡ አቶም ኣዝያ አተብርሃሎም ቦታታት ከኣ ምረጹ። ኣግራብ ወይ ህንጿታት ብፍላይ ኣብ ጊዜ ቀውዒን ጽድያን ጸሓይ ከጋርዱ ይኸእሉ ኢዮም። ኣብ ጊዜ ቀውዒ ንደቡብ ዝጥምት መንደኞ ቀልጢፉ ይውዕይ፡ ስለዚ ነቶም ሙቐት-ዝፌትዉ ኣታኸልቲ ከም ኮሚደረን በርበረን ኣብ ጊዜ ክረምቲ ጽቡኞ ይኸውን።

አበይ ክተዕብዩ ትኽእሉ?

ነቲ ሓመድ ብምልጋስን ብምዱካዕን **ጸሓይ ዝረኽበም ናይ ሳዕሪ ቦታታት ናብ ጃርዲን ቀይርዎ** ። ወይ ድጣ ነቲ ናይ ሳዕሪ ቦታ ብ12 ጫጣ (30 ሴ.ሜ) ጥሉል ናይ ሓጋይ ኣቑጽልቲ ብምሽፋን ቅተልዎ። ነቶም ኣቑጽልቲ ብናይ ፓኮ ወረቐት ወይ ጸሊም ነጣ ሸፍንዎም። ነቲ ቦታ ንምዃዕትን ንምዝራእን ክሳብ ማንቦት ተጸበዩ።

ብርኽ ዝበሉ መደባት ስርሑ። ሓመድ ምስ ዳኽዒ ሓውስዎ። መታን ኣብ ጊዜ ጽድያ ነቲ ሓመድ ከውዕይ ንኽሕግዞ ነቲ ሓመድ ኣብቲ በሪኽ ዓራት ኮሙሩዎ። መታን ነቲ ፎኪስ፡ ብዱኽዒ-ዝተመሓየሽ ሓመድ ከይትረግጽዎ ኣብ መንን እቶም መደባት መንገዲ ቀይሱ። ነቶም በረኽቲ መደባት ካብ ሲሚንቶ ወይ ስብርባር ሲሚንቶ ዝተሰርሑ፡ ዕንጨይቲ ወይ ናይ ፕላስቲክ ጣዋሉ ኣብ ነኖም ክትውስኹሎም ትኽእሉ ኢኹም። በኬሚካል ዝተፈወሰ ዕንጨይቲ ኣይትጠቀሙ።

አብ መቐመጢታት ጃርዲን ከተንበሩ ፈትኑ። ኮሚደረ፣ በርበረ፣ አሕምልቲ፣ ከምኡ'ውን ፍረታት ከተብቁሉ ዓበይቲ ዓታሩ ወይ አብ ፍርቂ ዝተመቐሉ ፍስቶታት ከትጥቀሙ ትኸእሉ ኢሹም።

ጸሓይ ኣብ ዝወቐዖ መንደቐ ወይ መስኮት **ንትኹል ኣብቁሱ።** ዝሓኹሩ ኣታኽልቲ ከም ባልዶንጋ፣ ኮሚደረን፣ ኩከንበርን፣ ጽቡቐ ሓመድን መደገፊ ዕንዲታትን እንተጌርኩምሎም ይቦቐሱ ኢዮም።

ምስ ጎረቤት ተኻፈሉ፡ ወይ ኣብ ናይ ማሕበር-ሰብ ጃርዲን ተጸንበሩ! ፕሮግራም ፒ-ፓች ሲያትል ኣብ ጥቓ እትነብሩሉ ቦታ ናይ ማሕበረ-ሰብ ጃርዲን ንኽትረኽቡ ከሕግዘኩም ይኽእል ኢዩ። እዚኦም *መ*ግቢ ንምዕባይ፡ ንምምሃርን ካልኦት ጃርዲን ዝንብሩ ሰባት ንምርካብ ኣዝዮም ጽቡቓት ቦታታት ኢዮም።

Testing your soil for lead or other contamination

Soil near old houses with peeling paint, or next to streets or in industrial areas may have lead, arsenic, or other contamination.

Call the Garden Hotline to find out where to get your soil tested, or to get a copy of WSU's <u>Gardening on Contaminated Soils</u>. If you suspect that your soil is contaminated, build a raised bed and add 8 inches (20 cm) of fresh soil with compost.

ምምርማር ሓመድኩም ካብ ዓረርን ካልእን ብከላ

ኣብ ጃርዲን ስሉጥ-መስመር ደዊልኩም ሓመድኩም ኣበይ ከተመርምርዎ ከምእት ሽእሉ ኣረ*ጋ*ግጹ ወይ ቅዛሕ ናይ WSU <u>ኣብ ነነተብከለ ሓመድ ጃርዲን ምማባር</u> ርኸቡ። አንድሕር ደኣ ሓመድኩም ተበኪሉ ኢዩ ኢልኩም ጠርጢኩም፡ ብርኸ ዝበለ መደብ ስሪሕኩም 8 ጫጣ (20 ሴ.ሜ) ሓዲሽ ሓመድ ምስ ዱኸዒ ግበሩሉ።

Prepare Soil for Planting

Compost is decomposed plants (leaves, grass, dead plants) and food waste. Compost helps soil holds nutrients and water to grow healthy plants. You can make your own compost from grass clippings, leaves, sod, weeds, plants and food wastes, or you can buy compost. You can also bury food waste in the garden, or chop and drop plants.

Mulch is any material you spread on top of the soil, to conserve water, control weeds, and slowly feed the soil as it decomposes. Good mulches for gardens include fall leaves, plant and grass clippings, straw, coffee hulls, or compost.

Mix compost into your garden soil.

Dig to loosen the soil 8 to 12 inches deep (20-30 cm) with a shovel or garden fork. Spread compost 2 or 3 inches deep (5-8cm). Then mix the compost into the soil.

Or bury food and plant waste at least 6 inches (15 cm) deep to compost.

Soil for container growing

Mix one part compost with two parts sandy soil. Drainage in containers can be improved by adding a larger material like pea gravel or medium bark. You can also buy pre-mixed "potting soil." If you have old potting soil in containers, you can add about 1/4 compost to freshen it for a new growing season.

Buying fertilizer? Look for "organic".

While vegetables get most of the nutrients they need from compost, a complete "organic" (from natural sources) fertilizer can speed their growth. Look for "organic vegetable fertilizer" or fish fertilizer at your garden store.

Get a soil test to discover other nutrient needs. Washington soils may need lime every few years, which adds calcium and reduces acidity. Mix about 4 pounds (1.5 kg) of lime into soil per 100 square feet (9.3 square meters). Ask the Garden Hotline where you can send your soil sample for a test that will tell you about lime and other nutrient needs.







100% NATURAL ORGANIC ALL-PURPOSE FERTILIZER A General Purpose Formula for All Types of Planting



*ሓ*ማድ ንምትካል ቀርብዎ

ዱዥዒ ዝመሽመሸ ኣትክልቲን (ኣቑጽልቲ፣ ሳዕሪ፣ ዝሞቱ ኣትክልቲ) ተረፍመረፍ መግቢን ኢዩ። ዱዥዒ ሓመድ መኣዛታትን ጣይን ብምዕቃብ ጥዑያት ኣትክልቲ ንኸዕብይ ይሕግዞ። ካብ ቁርጽራጽ ሳዕሪ፣ ኣቑጽልቲ፣ ሳዕሪ፣ ጻህያይ፣ ኣትክልቲን ተርፍመረፍ መግቢን ናይ ገዛእ ርእስኹም ዱኸዒ ክትሰርሑ ወይ ክትገዝኡ ትኸእሉ ኢኹም። ተረፍመረፍ መግቢ ኣብ ጃርዲን ክትቀብሩ ወይ ኣትክልቲ ቆሪጽኩም ክትድርብዩ ትኸእሉ ኢኹም።

ሽፋን ማለት ዝኾነ ነገር ማይ ንምዕቃብ፣ ንምቁጽጻር ጻህያይ ከምኡ'ውን እንዳመሽመሽ ከኸይድ ከሎ ነቲ ሓመድ ዝምግብ ኣብ ልዕሊ ሓመድ ትንስንስዎ ኢዩ። ጽቡኞ **ሽፋን** ንጃርዲን ናይ ቀውዒ ኣቑጽልቲ፣ ናይ ተኸሊን ሳዕሪን ቁርጽራጽ፣ ሓሰር፣ ናይ ቡን ቅራፍ ወይ ዱዅዒ የጠቓልል።

ዱቸኂ ኣብቲ ናይ ጃርዲንኩም ሓመድ ሓውስዎ።

ወይ ናይ መግቢን ተኽሊን ጉሓፍ ንኽዱካዕ ብዉሑዱ 6 ጫጣ (15 ሴ.ሜ) ቅበርዎ።

አብ መቐመጢታት ንምብቋል ዘድሊ ሓመድ

ሓደ ኣፍ ዱኸዒ ምስ ክልተ ኣፍ ሑጻዊ ሓመድ ሓውሱ። ምትሕልላፍ ማይ ኣብ መቐመጢታት ክንዲ ዓተር ዠኾኑ ኣእማን ወይ ማእከላይ ልሕጺ ብምውሳኸ ከመሕየሽ ይኸእል ኢዩ። ኣቐዲሙ ዝተሓወሰ "ናይ ዕትሮ ሓመድ" ከትገዝኡ ትኸእሉ ኢኹም። እንድሕር ኣረጊት ናይ ዕትሮ ሓመድ ኣብ መቐመጢታት ኣለኩም ንሓዲሽ ናይ ምብቋል ወቅቲ ¼ ዱኸዒ ሓዊስኩም ከተሕድስዎ ትኸእሉ ኢኹም።

ዱኸዒ ክትንዝኡ ደሊ**ዀም?** "ኦር*ጋ*ኒክ" ዝብል ረኣዩ።

ዋላ እኳ ኣሕምልቲ ሙብዛሕትኡ ዝደልይዎ መኣዛታት ካብ ዱዥዒ ይረኽቡ እንተኾኑ፡ ሙሉእ "ህይወታዊ" (ካብ ባህርያዊ ምንጪታት) ዱዅዒ ዕብየቶም ከቀላጥፎ ይኽእል ኢዩ። ኣብቲ ናይ ጃርዲን ዕዳጋ "ህይወታዊ ናይ ኣሕምልቲ ዱኽዒ" ወይ ናይ ዓሳ ዱዥዒ ዝብል ድለዩ።

አድላዪ ካልእ መኣዛ ንምድህሳስ ነቲ ሓመድ ኣመርምርዎ።

ናይ ዋሺንባተን ሐመድ ላይም፡ ካልሲዩም ዝውስኸን አሲድነት ዘጉድልን፡ ኣብ ቆቁሩብ ዓመታት የድልዮ ይኸውን ኢዩ። ኣስታት 4 ፓውንድ (1.5 ኪ.ባ) ላይም ን100 ትርብዒት ጫጣ (9.3 ትርብዒት ሜትሮ) ሐመድ ሓዉሱሉ። ሓመድ ላይምን ካልአ መኣዛ ከምዘድልዮ ንምምርጣር ኣበይ ከትስድዎ ከም እትኸእሉ ንናይ ጃርዲን ስሉጥ-መስመር ሕተቱ።

Plant the Right Seeds, at the Right Time

Choose plants that grow well in our cool climate.

Grow what your family likes to eat, but choose varieties of vegetables that will grow well in our cool, wet spring weather and cool, dry summers.

When to plant

Seeds need soil warm enough to sprout – typically at least 50-60°F (10-16°C). You can wait until the soil warms in May, or use a plastic cover to warm it more quickly.

Read seed packets for planting dates, and choose ones that say "80 days" or less to harvest. Peas and potatoes can be planted in March, but leafy greens should wait until April, and heat-loving crops like corn until late May.

Or buy seedling plants of heat-loving, long-season tomatoes, peppers, and eggplant, to transplant into the garden in late May. You can also grow them yourself from seeds planted indoors in March, in containers in a sunny window.

→ See the Calendar on back page.

Planting seeds

Read the seed packet for planting depth and time. Tiny seeds like lettuce, carrots, and collards can be scattered on the prepared soil surface, then covered with a thin layer of compost or soil. Don't plant these tiny seeds too deep! Larger seeds like peas, corn, and squash can be pushed with your finger one at a time into the prepared soil, at the depth and spacing described on the packet. Then water slowly to deeply moisten the soil.

Transplant heat-loving plants from greenhouse to garden in late May.

Make a hole as wide the seedling's roots. Add compost or a sprinkle of fertilizer. Spread roots out, and gently push soil in around the roots. Water well. Plant at the same depth as the plant was in the pot at the greenhouse.

Water young seedlings regularly. Cover and protect seedling plants from extreme heat or cold until they are strong.











እቶም ንበኣት ኣዝርእቲ፡ ኣብቲ ንበእ ጊዜ ትኸሉ

ኣብ ዝሑል ክሊ*ማ*ና ጽቡኞ ክቦኞሱ ዠኽእሱ ኣትክልቲ ምረጹ።

ስድራዥም ንኸበልዖ ዝፌትዎ ኣፍርዩ ግን ከኣ ኣብ ዝሑል፡ ጥሉል ናይ ቀውዒ ኩነታት ኣየርን ዝሑል፡ ንቹጽ ከራጣት ከቦቐሉ ዝኸእሉ ዓይነታት ኣሕምልቲ ምረጹ።

*ማ*ዓስ ከምዝትከል

ፓኮታት ናይ ዘርኢ ኣንቢብኩም፡ ንዕለታት ምትካል እቶም "80 መዓልታት" ወይ ትሕቲኡ ንምዕጻድ ዝብሉ ምረጹ። ባልዶንጋን ድንሽን ኣብ መጋቢት ከዝርኡ ይኸእሉ ኢዮም፡ ግን ቆጻላት ኣሕምልቲ ክሳብ ሚያዝያ ክጻንሑ ኣለዎም፡ ከምኡ ድማ ሙቐት-ዝፊትዉ ኣታኸልቲ ከም ዕፋን ክሳብ መወዳእታ ግንቦት።

ወይ ፌልሲታት ናይ ሙቐት-ዝፈትዉ ናይ ነዊሕ-ወቐቲ ኮሚደረ፣ በርበረን፣ መሴንዛኒን ኣብ መወዳእታ ግንቦት ናብ ጃርዲን ክተስግርዎም ግዝኡ። ነዞም ፌልሲታት ባዕልኹም ካብ ዘርኢታት ኣብ ውሽጢ *ገ*ዛ ኣብ መቐመጢታት ተቓ ጸሓይ ዝረኽቦ መስኮት ብምትካል መጋቢት ከተፍልስዎም ትኽእሉ ኢኹም።

→ ዓውደ-ኣዋርሕ ኣብ ድሕሪት 7ጽ ረኣዩ።

ምትካል ኣዝርእቲ

ንዑምቀት ምትካልን ጊዜን ናይቲ ናይ ዘርኢ ፓኮ ኣንብብዎ። ደቀኞቲ አዝርእቲ ከም ሳላጣ፣ ካሮቲን፣ ኮላርድን አብቲ ዝተዳለወ ሓመድ በቲንካ ቁሩብ ዱኸዒ ወይ ሓመድ ኣብ ልዕሊአም ምንስናስ። እዞም ደቀኞቲ ኣዝርእቲ ኣዕሚቐኩም ኣይትትከልዎም! ፍሩያት ኣዝርእቲ ከም ዓተር፣ ዕፉንን፣ ዱባን፣ በብሓደ ብኢድኩም ኣብቲ ዝተቐረበ ሓመድ ከምቲ ኣብቲ ፓኮ ተንሊጹ ዘሎ ዕምቆትን ዝርንሐን ጌርኩም ክትቀብርዎም ትኸእሱ ኢኹም። ብድሕሪኡ ነቲ ሓመድ ክተርሕስዎ ቀስ ኢልኩም ማይ ኣስትይዎ።

ምኞት-ዝፌትዉ ኣትክልቲ ካብ ሓምላይ זዛ ናብቲ ጃርዲን ኣብ መወዳእታ ჟንቦት ኣሲጋግርዎም።

ሓደስቲ ፌልሲታት ኣብ እዋኑ ማይ ኣስትይዎም። እቶም ዝተተኽሉ ፌልሲታት ካብ ክቱር ዋዒን ዛሕሊን ብምሽፋን ተኸላኸሎሎም።

Thin and space plants give them room to grow.

Follow the spacing directions on the seed packet. After seeds sprout and have a few leaves, thin (remove) seedlings to that spacing. You can also transplant seedlings from crowded areas to areas that aren't full. This will ensure that plants have enough room to grow, and give you a bigger harvest. You can eat the little plants you pull as salad.

Succession planting

Plant more seeds every few weeks as long as the weather is warm, so that your harvest will continue into the fall. But don't plant cool-loving crops like peas and spinach in hot July weather. Plant fall cool crops in August to early September.

Rotate crops

Some crops get diseases that stay in the soil for a year or more. And some crops use up soil nutrients quickly. To avoid problems, rotate (move) crop families to a different bed each year. ->



Rotate

አዘዋውሩ።

አታኽልቲ ኣብ ቀጢን *መ*ስመር *ጌ*ርኩም ኣረሓሕቅዎም --ንኽዓብዩ ቦታ ሃብዎም።

ላብቲ ናይ ዘርኢ ዘሎ *መ*ምርሒ ምርሕሓኞ ተኸተሉ። ድሕሪ ኣዝርእቲ ምጭብጫባምን ቁሩብ ኣቑጽልቲ ምግባሮምን፡ ናብቲ ዝግባእ ምርሕሓች ኣቐተንፆም (ኣልባስፆም)። ፈልሲታት ካብቲ ጽዑቐ ቦታ ናብቲ ዘይጽዑቐ ቦታ ክተስባርዎም ትኽእሉ ኢኹም። እዚ ኸኣ እቶም ኣታኽልቲ ንምዕባይ እኹል ቦታ ከም ዝረኽቡን ዝያዳ ምህርቲ ከምዝህቡዥም የረጋባጽ። እቶም እትእከብዎም ኣታኸልቲ ከም ሳላጣ ከትበልዕዎም ትኸእሉ።

አከታቲልካ ምትካል

ኩነታት ኣየር ሙዉኞ ክሳብ ዘሎ ኣብ ነብሲ-ወከፍ ቁሩብ ሳምንታት ዝያዳ ዘርኢታት ትሽሉ መታን እቲ ምህርቲኹም ከሳብ ቀውዒ ክቐጽል። ዛሕሊ-ዝፈትዉ ዘርእታት ከም ዓተርን ስፒናቺን ግን ኣብቲ ዉዑይ ናይ ሓምለ ኩነታት ኣየር ኣይትትከልዎም። ናይ ቀውዒ ኣታኽልቲ ኣብ ነሓሰ ከሳብ *መጀመርታ መ*ስከረም ታኸልዎም።

አታኽልቲ አዘዋውሩዎም

*ገ*ለ ኣታኽልቲ ንሓደ ዓመት ወይ ልዕሊኡ ኣብ ሓመድ እንተ ጸኒሓም ሕጣም የጥቐዖም። ገለ ኢታኽልቲ ድጣ መኣዛታት ሓመድ ቀልጢፎም ይውድእዎ። **ጸገጣት ንምእላይ፡ ዓይነታት ተኸሊ ነብሲ-ወከፍ ዓ**ምት **ኣብ ዝተፈላለየ** መደብ **አዘዋውር**ዎም (**ኣልባስ**ዎም)**፣** →

ኣብነት

1^ይ ዓመት:

Example

1st Year:

Bed A Tomato

Bed B Onion

Bed C Cabbage

2nd Year:

Bed A Cabbage

Bed B Tomato

Bed C Onion

3rd Year:

Bed A Onion

Bed B Cabbage

Bed C Tomato

ዘርኢ ኮመደረ tomato ከሚደረ pepper በርበረ potato ድንሽ eggplant ምሌንዛኒ tomatillo ንኣሽቱ ኮሚደረ crop families each year. ነብሲ-ወከፍ ዓመት ዘርኢ ቤተ-ሰብ ዘርኢ ካውሎ cabbage ካውሎ broccoli ብሮኮሊ collards አድሪ

bok choi በክ ቾይ

ራድሽ

ዘርኢ ሽጉርቲ onion ሽጉርቲ leek ቆስጣ garlic ጻዕዳ ሽጉርቲ chives ቻይቨ shallot ንኣሽቱ ሽጉርቲ ቀይሕ

*መ*ደብ ለ ሽንርቲ መደብ ሐ ካውሎ 2^ይ ዓመት: መደብ ሀ ካውሎ

መደብ ሀ ኮሚድረ

መደብለ ከማደረ

መደብ ሐ ሽጉርቲ

3^ይ ዓመት:

*መ*ደብ ሀ ሽጉርቲ

መደብለ ካውሎ

መደብ ሐ ኮሚደረ

Other vegetable families that benefit from changing locations each year:

radish

cilantro carrot parsley beet chard spinach corn wheat teff cucumber melon squash lettuce radicchio endive pea bean clover

These families can all be planted together with the tomato, cabbage, and onion families.

ነብሲ-ወከፍ ዓመት ካብ ምቹያር ቦታ ዝጥቀሙ ካልእ ቤት-ሰባት ኣሕምልቲ፡

ሲላንትሮ ካሮቲ ፐርሰሜሎ ቀይሕ-ሱር ቻርድ ስፐናቸ ዕፉን ስርናይ ጣፍ ኩከምበር ብር*ጭ*ኞ ዱባ

ሳላጣ ራዲቺዮ ኣንዲቭ ዓተር ባልዶንጋ ክሎቨር

እዚአም ዓሌት ዘርኢ ብሓንሳብ ምስ ዓሌት ኮሚደረ፣ ካውሎን፣ ሽጉርቲን፣ ክትከሉ ይኽእሉ **ኢ**ዮም።

Water your garden

Check your garden daily in hot summer weather. Water before vegetables droop, or when the soil feels dry 2 inches (5 cm) down. In cooler, rainy spring and fall you'll only need to water young seedlings. Direct water to the plant roots. Use a watering wand, or in flat areas lay out a soaker hose between rows and cover it with mulch. Water enough to moisten the whole root zone - dig a few inches down to see if the soil is moist. Plants in containers dry out more quickly than in the garden. Always water in the evening or early morning, to avoid evaporation waste and prevent wet plant damage from the mid-day sun.

Control weeds and pests

Spread mulch (leaves, grass clippings) and pull weeds before they go to seed.

Most bugs are good bugs that help control pests. Learn which bugs are problems, and how to control them.

Don't use chemical pesticides.

Garden All Year

They can poison your family and birds, pets, and fish. Call the Garden Hotline to identify pest or weed problems, and learn about non-toxic solutions.





to grow, but cool-loving plants are easy.

Extend your season with cold-hardy crops. Bok choi, kale, collards, broccoli, carrots, leeks, and garlic can be planted in late summer or early fall to grow for

Our climate is cool and wet in spring and

fall, and usually above freezing in winter.

So heat-loving plants like corn are hard

→ See the Calendar on back page.

harvest all winter or in spring.

Grow under cover. Start spring plants in a greenhouse or "cold frame," or extend fall growth with a plastic cover.



*ጃርዲን*ኩም *ማ*ይ ኣስትይዎ

አብ ከረምቲ ጮኞት ከኸውን እንከሎ መዓልታዊ ጃርዲንኩም ርኣይዎ። አሕምልቲዥም ከይቆምሰለ እንከሎ፣ ወይ መሬት ነቒጹ ኾይኑ እንተ ተሰሚዕኩም 2 ኢንች (5 ሴ.ሜ) ጥልቀት እንተሃለዎ ማይ ኣስትይዎ። አብ ዝሑል፡ ጽድያን ቀውዲን ግን ነቲ ውልዶ ፌልሲታት ፕራሕ ኣስትይዎ። ከትስትዩ እንከለዥም ናብቲ ሱር ፕራሕ ኣስትዩ። መስተይ ዝንጊ ወይ ኣብቲ ለፕ ዝበለ ቦታታት ከኣ መጠልቀይ ነማ ኣብ መንን መስመራት ተጠቒምኩም ብድርቅምቃም ዕንጨይቲ ጌርኩምም ሸፍንዎ። ናይቲ ሱር ቦታ ምእንቲ ጠሊ ክህልዎ ጽቡኞ ጌርኩም አስትይዎ-ቁሩ-በ ኩዕት ኣቢልኩም እቲ መሬት ጠሊ እንተ ሃለዎ ርኣይዎ። ኣብ መኞመጢ ዘለዉ ኣትክልቲ ካብ ኣብ መሬት ዘለዉ ኣትክልቲ ቀልጢፎም ይነኞጹ። ማይ ከይሃፍፍ ወይ ንብናይ ፍርቂ-መዓልቲ ጸሓይ መባላሸው ዝጠልቀየ ኣስትዬቲ ከተስላኸሉ ምእንቲ፡ ኩሉ ጊዜ ኣጋምሸት ወይ ንግሆ ማይ አስትዩ።

ጻህያይን ባልዓትን ምክልኻል

ሽፋን ምንስናስ (ቆጽሲታትን፣ቁራጽ ሳርዕሪታትን) **ከምኡውን ጽሃይያ አልግስዎ** ቅድሚ ኣብ ዘርኢ ምኻዱ።

መብዛሕቶም ሐሳኹ ዝየጻድኡ ሓሳኹ እዮም ንምቁጽጻር ባልዓት ከኣ ይሕግዙ። ኣየኖት ሓሳኹ ዝንዱኡ ምዃኖምን ከመይ ጌርኩም ከምእትቆጻጽረዎምን ኣፍልጦ ይሃልኹም።

ከሚካል ዘለዎ ጸረባልዕ ኣይትጠቸም።

እዚ ንስድራዥም፣ ኣዕዋፍ፣ እንስሳታትን ዓሳሱን ክምርዘልኩም ይኸእል እዩ። ኣየኖት ባልዕ ወይ ጻህያይ ሓደንኛታት ምዃኖም ክትፌልጡን ብዛዕባ መርዛም ዘይኮነን መፍቲሒታት ክትመሃሩን፡ ኣብ ናይ ጃርዲን ስሉተ-መስመር ደውሉ።

ምሉእ ዓመት ጃርዲን ግበሩ

ኣብ ጽድያን ቀውዒን ክሊማና ዝሑልን ጥሉልን እዩ፡ ከምኡውን መብዛሕቱ ግዜ ኣብ ሓጋይ ልዕሊ ቆራሪ ክሊማ እዩ። ስለዚ ከም በዓል ዕፉን ዝኣመሰሱ ዋዒ-ዝፌትዉ ኣታኸልቲ ንምፍራይ ብርቱዕ እዩ፡ ግን ዛሕሊ-ዝፌትዉ ኣታኸልቲ ንምፍራይ ቀሊል እዩ።

ምስ ናይ ዛሕሊ-ዝፈትዉ ዘርእታት ወቅትዥም ኣናውሕዎ። ባክቾይ፣ ኬል፣ ኮሳርድ፣ ካሮቲ፣ ቆጽጣን፣ ሽጉርቲ-ጻዕዳን ኣብ ሓጋይ ወይ ኣብ ጽድያ ምእንቲ ክኣኸሱ፡ ኣብ *መወዳ*እታ ክረምት ወይ ኣብ መጀመርታ ሓጋይ ከዝርኡ ይኸእሱ እዮም።

→ ዓውደ-ኣዋርሕ ኣብ ድሕሪት ንጽ ረኣዩ።

ሸፊንኩም ኣዕብይዎም። ናይ ጽድያ ኣታኽልቲ ኣብ ሓምላይ *ነ*ዛ፣ ወይ ኣብ "ዝሑል ሳንዱቹ፣ ወይ ንቐውዒ ከቦቐሉ ንምንዋሕ ብፕላስቲክ ብምሽፋን ጀምርዎ።



Plant berries and other plants that grow for many years Add these plants to your landscape wherever there's sun: blueberries and strawberries, artichokes, asparagus, even dwarf fruit trees or grapes. Ask the Garden Hotline about best varieties for our climate.

ንብዙሕ ዓመታት ዝቦቒል ፍረታት(berries) ወይ ካልእ ዓይነት ኢታኽልቲ ዝርኡ ኣብቲ ጸሓይ ዝለዎ በታታት ናይ ቅርዲመሬትኩም፡ ብሉብሪ፣ ስትሮብሪ፣ ኣርቲቾክ፣ ኣስፐራጉስ፣ ዋላ ድንኪ ፌረ ዘውጽኡ ኣግራብ ወይ ተኽሊ ወይኔ ዝኣመስሉ ትኽሉ። ነዚ ክሊጣ ዝሰማማዕ ዝበልጸ ዓነታት ተኽሊታት ንምፍላዋ ኣብ ናይ ጃርዲ ስሉዋ- መስመር ደውሉ።

Harvest and Share!

Harvest vegetables before they go to seed. See seed packets for "days to maturity" and photos of ready-to-harvest plants, or ask gardeners at your local community garden about when to harvest.

Share your harvest. If you have more than you can eat, share with neighbors or call the Garden Hotline or see the P-Patch and Lettuce Link websites on back to learn about where to donate food.

Saving seeds is easy with most green leafy plants. Just hang the mature seed stalk to dry. Fruiting plants like tomatoes and squash often cross-breed, so saved seed may not produce good fruit. Call the Garden Hotline to learn more about saving seed, or any garden question.





ዝራእን ተማቸልን!

ዘራእት ኹም ምክፋል። ካብቲ ትበልዕዎ ንላዕሊ እንተ ኣለኩም ምስ ንርባብት ኹም ተማቐልዎ፡ ወይ ከመይ ኔርኩም ፍረታትኩም ከም አተበርከቱዎ ንምፍላጥ ናይ ጃርዲን ስሉጥ-መስመር ደውሉ ወይ ኣብ ድሕሪት ዘሎ ናይ ፒ-ታችን ስላጣን መራኸቢ መርበብ ሓበሬታ ተመልከቱ።

ፌልሲታት ምዕቃብ ናይ ቀጠልያ ቆጽሲ ዘለዎም ኣታኸልቲ ቀሲል እዩ። ናይቲ ዝዓበየ ዘርኢ ቃንጫ ክነቅጽ ጽፕሕዎ። ከም ኮመደረን ስኳሽ ዝኣመስሱ ኣታኸልቲ ዝተዳቐሱ ኣታኸልቲ ኢዮም፡ ስለዚ ዝተዓቐረ ዘርኢ ጽቡቐ ምህርቲ ኣይህብን እዩ። ብዛዕባ ጃርዲን ወይ ፌልሲ ምዕቃብ ሕቶ አንተ ኣለኩም ጃርዲን ዘለዎም ሰባ ወይ ኣብ ስሱጥ-መስመር ደዊልኩም ከትሓቱ ትኸእሱ።

Prepare Gardens for Winter

Fall is time to clean up the garden, compost dead plants, and protect your garden from winter weeds and from rainfall washing soil away.

Cover crops are usually legumes like clover, planted in October to grow through the winter. They protect the soil, and provide nutrients when you dig them into the soil before planting in spring.

Winter mulches should cover any soil areas not planted with overwintering crops or cover crops. Collect fall leaves and spread them 2-3 inches deep to cover exposed soil. You can also chop dead plants and spread them on the soil.

Composting returns nutrients back to the soil. Chop up old garden plants, along with grass clippings and fall leaves, to build your compost pile. Choose a shady spot, and moisten materials as you build your pile.

Or bury food scraps (to keep animals away) under garden beds all winter to improve the soil.

You can also learn how to compost kitchen scraps in a rodent-resistant worm bin. Weeds and diseased plants, along with dairy or meat scraps from the kitchen, should go into the City's yard-and-food-waste collection for hot composting.

In spring, you can use your compost or buy compost to enrich your soil for another year of growing.









ንሓጋይ ጀርዲን ምቐራብ

ቀውዒ ናይ ጃርዲን ምጽራይ፣ ዝሞቱ ኢታኸልቲ ምዱኳ*δ*፣ ከምኡውን ጃሪዲንኩም ካብ ናይ ቀውዒ ጳህያይን ካብ ፍግረ*መ*ሬትን ናይ ምክልኻል ግዜ እዩ።

መሸፈኒ ዘርእታት መብዛሕቱ ጊዜ ናብ ሓጋይ ንኽቦቑሉ ኣብ ጥቅምቲ ዝተዘርኡ ከም ክሎቨር ዝኣመሰሉ ኣሕምልቲ እዮም። እዚአም ነቲ ሓመድ ይከላኸልዎን ኣብ ጽድያ ከትዘርእ ከትዥዕት እንከለሻ ነቲ መሬት መዓዛታት ይኾኑዎ።

ናይ ሓጋይ ሽፋን ንኹሉ ናይ ሓመድ በታታት ብናይ መከላኸሊ ተኸሊ ኣብ ቀውዲ ወይ መሸፊኒ ምህርቲታ፡ ኔካ ከሽሬን ኣለዎ። ነቲ ጋህ ኢሉ ዘለ ሓመድ፡ ዝረገፉ ኣቑጽልቲ ብምእካብ ካብ 2-3 ኢንች ዝዕምቆቱ ኔርኩም ሸፍንዎ። ዝሞቱ ኣታኸልቲ ብምቑራጽ እውን ከሽሬን ይከኣል እዩ።

ምዱኳዕ መዓዛታት ኣብ ሓመድ ይመልስ። ናትካ <mark>መደኩዒ ኩምራ</mark> ንኸትሰርሕ ዝኣረባ ናይ ጃርዲን ኣታኸልቲ ቆርጽካ ምስ ቁራጽ ሳዕሪን ውዳኞ ቆጽሊ ትእከብ። ጽላል ዝኾነ ቦታ መረጽ፡ ኩምራኻ እናሰራሕካ ከትከድይ እንከለኻ ነቲ ዝኣከብካዮ ጠሊ ከምዝሃርም ግበር።

ተረፍመረፍ ምግቢ እውን ከትቀብር ትኽእል (እንስሳታ ምርሓቅ) ሓመድ ንምምሕያሽ ምሉእ ሓጋይ ኣብ ትሒት ናይ ጃርዲን መደባት ቅበሮ።

ናይ <u>ኩሽነ ተረፍመረፍ መግቢ ንምዱኳዕ</u> ኣብ እንስሳታት-ዝጸውር ናይ ሓሰኻ መርቢል ብኸመይ ከምዝግበር ከትመሃር እውን ትኸእል ኢኻ። ጽሃያይን ሕማም ዛአተዎም ኣታኸልቲን ምስ ናይ ጸባ ምህርቲታት ወይ ተርፍ ስጋን ዝኣመሰለ ምእንቲ ብውዑይ ክዱኳዕ፡ ኣብ ናይታ ከተማ ናይ ካንሸሎ-ን-ተረፍ-መግቢን ዝእከበሉ ቦታ ከኸይድ ኣለዎ።

ኣብ ጽድያ፡ ዱዥዒዥም ከትጥቀሙ ትኽእሱ ወይ ነቲ ዝመጽ ናይ ተኽሊ ዕመት ሓመድኩም ንምልማዕ ድዥዒ ትንዝኡ።

Easy Crops for Beginner Gardeners

ቀሊል ኢታኽልቲ ንጀመሪ ጃርዲን

plant seed = P = ተኸሊ ምትካል transplant seedlings = T = ዘርኢ ምስባጋር harvest = $\mathbf{H} = \mathfrak{P} \mathfrak{V} \mathcal{C} \mathbf{t}$ Feb March April Mav June August Sept Nov Dec Jan July Oct *ግ*ንቦት *ሞ*ስከረም ፕቅምቲ ፕሪ ለካቲት መጋቢት ሚያዝያ ሰነ ሓምለ ነሓሰ ሕጓር ታሕሳስ **Peas** $H\rightarrow$ ዓይኒ-ዓተር $H\rightarrow$ P Lettuce, Spinach ሳላጣ፣ ስፒናቺ $H\rightarrow$ Cool hardy T ዘሕሊ ገዜትወ ድንሽ **Potatoes** H Onions P $H\rightarrow$ ሽጉርቲ $H \rightarrow$ **Bok Choi** ቦክ ቾይ $H\rightarrow$ **Beans** P ባልዶንጻ $H\rightarrow$ **Heat Lovers** ከመደረ <u>ም</u>ች ነ<u>የ</u>አትዉ T Tomatoes $H \rightarrow$ P Squash, Cucumber ስኳሽ፣ ኩከምበር $H\rightarrow$ Cilantro ሲላንትሮ $H\rightarrow$ Corn ዕፉን H Н P **Beets** P ቀይሕ-ሱር \rightarrow H Over-Wintering *አብ ሓጋ*ዶ-ዝድቅሱ Kale, Collards, Chard **ኬል፣ ኮላርድ፣ ቻርድ** $H\rightarrow$ H H Cabbage <u>ካውሎካቡቸ</u> H P $H \rightarrow$ Н Garlic ሽጉርቲ-ጻዕዳ H

Learn More about Gardening

Questions? Call The Garden Hotline

(Seattle Public Utilities) free brochures on soil, composting, watering, pest control, and more.

Language interpretation available.

-Patch Program of Seattle's Department of Neighborhoods provides community garden spaces in many neighborhoods, at low or no cost. Translated classes. Everyone is welcome.

Seattle Parks classes, community gardens

City of Seattle's Food website

Leeks

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Find a garden space to share

Urban farming news and resources

WSU Extension Master Gardeners

Lettuce Link information on gardening, sharing harvests, and *Gardening for Good Nutrition*

Seattle Tilth provides classes, demonstration gardens, volunteer opportunities, and The Maritime Northwest Garden Guide

206-633-0224

ሊ-መይል <u>help@gardenhotline.org</u> www.gardenhotline.org

206-684-0264

ኢ-ምይል <u>p-patch.don@seattle.gov</u> www.seattle.gov/neighborhoods/ppatch

www.seattle.gov/parks/pufs

www.seattle.gov/food

www.urbangardenshare.org

www.urbanfarmhub.org

http://gardening.wsu.edu

www.solid-ground.org/programs/nutrition/lettuce

www.seattletilth.org

ብዛሪባ ጃርዲን ፍለጡ

ሕቶታት? ናይ ጃርዲን ስሉጥ መስመር

ነጻ ሓዲር መግለጺ ጽሑፍ ብዛዕባ ሓመድ፣ ምዱኳዕ፣ ጣይ ምስታይ፣ ምቁጽጻር ባልዕ፣ ከምኡውን ካልእ ተውሳኺ። ኣተርንምቲ ቿንደ ኣለዉና።

ፕሮግራም ፒ-ታች ናይ ስያትል ክፍሊ ከባቢታት ብዝሓሰረ ዋጋ ወይ ብፕርሑ ኣብ ብዙሕ ከባቢታት፡ ናይ ማሕበረ-ሰብ ቦታ ጃርዲን የቅርብ። ዝተተርጎሙ ትምህርቲታት። ኩሉ ሰብ ክካሬል ዕዱም እዩ።

ትምህርቲታት፣ ናይ ማሕበረ-ሰብ ጃርዲናት

ከተማ ስያትል - መግቢታ

ቦታ ጃርዲን ተኻፈሉ

ዜና ሕርሻን ምንጪታትን

ሰብ ሞያ ጃርዲን

ሓበሬታ ብዛዕባ ጀርዲንን ምህርቲታት ምክፋልን

ትምህርቲታት፣ ምርኢት ብዛሪባ ጃርዲን፣ ዕድላትን ንወለንትነት።



